

## Module 5

## Make Time for Max

### Meaningful Specifics contained in the Make Time for Max video.

- Focus on consistent and committed activity.
- Match your expectations with your commitment to achieve it.
- Block out the hours in your week that you are committed to like work, sleep, church, or family, etc.
- What are you willing to sacrifice from your current schedule to make time for your new Max business?
- Look for available time that you can commit to building your Max business.
- Consistently commit time every day to building your Max business.
- Any amount of time consistently committed will make a difference.

### Work Sheet

Making time to build your Max business is essential. In order to do so you need to identify how much time you can spend on your business each day. Take out a calendar and look at a typical week. Make an accounting of every hour you're awake with the things you have planned every day such as work, your commute, family obligations, recreation, etc. Once you fill in the week, identify where you can commit time to building your Max business.

	Sun	Mon	Tue	Wed	Thur	Fri	Sat
12 am – 4 am							
4 am – 5 am							
5 am – 6 am							
6 am – 7 am							
7 am – 8 am							
8 am – 9 am							
9 am – 10 am							
10 am – 11 am							
11 am – 12 pm							
12 pm – 1 pm							

1 pm – 2 pm

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2 pm – 3 pm

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3 pm – 4 pm

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4pm – 5 pm

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5 pm – 6 pm

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6 pm – 7 pm

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7 pm – 8 pm

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8 pm – 9 pm

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10 pm – 11pm

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11pm – 12 am

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Now that you have identified how much time each day you can work on your Max business, write down the specific times when you will dedicate yourself to your business:

Sunday \_\_\_\_\_

Monday \_\_\_\_\_

Tuesday \_\_\_\_\_

Wednesday \_\_\_\_\_

Thursday \_\_\_\_\_

Friday \_\_\_\_\_

Saturday \_\_\_\_\_

**Tips for success:**

- Sit down with your spouse or partner to discuss how much time you can dedicate to building your Max business. It's important that you have their understanding, support, and commitment to allow you have the time you are setting aside for your Max business.
- Find opportunities to build your business during your commute to and from work, lunch break, shopping, etc. For example, using the Max App to send out invitations to view a tool is a good habit to develop.